

# MOVE TO CAMBODIA

**Team Name:** Gracegate 'Move' to Cambodia  
**Project Name:** Krasaing Chey  
**Date:** 24<sup>th</sup> November - 9<sup>th</sup> December 2019  
**Cost:** \$3,000 pp

## PROJECT OVERVIEW



### Why

There is a village in Cambodia with a school called Krasaing Chey Primary School. There are lots of little children who need a safe and healthy place to belong, learn, grow and play. We would like to head over as the Gracegate "Move" team and help build a brand new childcare center in the village where Kindercare are partnering and training teachers. We would love to go and build in two ways:

- a building and playground
- build connections with the community and help meet their needs.

### About Krasaing Chey Primary School

The Krasaing Chey Primary School is situated directly behind the Baray markets, approximately 11 kilometres from Kampong Thmor. It currently has 2 school buildings that are in a state of disrepair. Each building has 4 classrooms, 1 of which is currently operating as a Kindergarten. In Cambodia, Kindergartens are part of the government primary school education system. Krasaing Chey Primary school is our project for our 2019 Move mission trip.

### The reason this school has been chosen is because:

- It doesn't currently have a separate Kindergarten structure
- It is operating under the restraints of Cambodian funding and knowledge of early childhood education
- This school is currently in the same state as the Prasat school was in 2013 when Kindercare began their first project and there is a big need for improvement.
- Because of the state of the school, parents are choosing to send their children further afield for better conditions, so the children are missing out on their family.
- The Principal and school have expressed an interest in taking on the Prasat Model Preschool /school philosophy and practices which is now working well in the nearby village thanks to Kindercare.

### **The Philosophy and practices we are wanting to include are:**

- Child initiated play
- Resourcing and implementation
- Ongoing support and teacher training
- Hygiene
- Rubbish collection (recycling project)
- Latrines and wash stations including plumbing

Over time the Prasat project included the rebuild of the primary school in conjunction with Room to Read. This allowed us to add a library and further develop/improve the standard of education.

As with the Prasat project, the Krasaing Chey project will evolve over time too. We will take the learnings from Prasat then adjust and implement in Krasaing Chey which the Kindercare team will continue to implement after we leave.

**Our goal is to show Jesus to them** in the way we connect, work, speak and communicate with them. **"MOVE"** is our strategy at Gracegate, to MOVE across the room, office, classroom, sports field, or even ocean to connect with people where they are at, meet their needs and show them Christ and His love for them. As much as we are going to serve them, I know the experience will teach us more than we give.

### **Where will we be staying?**

You will be staying in a small guesthouse near the project site, Thmor Da II. Each person will have their own room, bathroom, TV and air conditioning.



### **How long is the flying time?**

It takes approximately 12 hours to fly from Auckland to Singapore, then 1.5 hours from Singapore to Phnom Penh. Then about 2.5 hours driving from Phnom Penh to the Village we will be based in.

### **What sort of meals will we be eating?**

The Guest House will prepare our breakfast and dinner. The meals are vegetarian and very delicious. We will probably buy our lunch at the local markets (fresh baguettes, tomatoes, cucumber etc.). We do visit the supermarket in Phnom Penh prior to driving to the Guest House so we can purchase milk, cheese etc. You are welcome to purchase snacks while we are there.

### **What sightseeing is involved?**

In Phnom Penh we will be visiting S21, the Genocide Museum and possibly the Killing Fields. You may want to google these two destinations in preparation for your trip. We will also visit local markets, schools, churches and orphanages.

**Is it possible to extend your stay?**

Absolutely. If you want to stay on at the end of the trip, you would be required to cover all costs associated with your personal travel, and would need to let us know prior to flights being booked.

**What is security like?**

There is crime in Phnom Penh and even in the countryside, but not unlike cities and rural places in New Zealand. You have to be careful, but there is no particular concern. In the countryside, everything does close up soon after dark.

**What vaccinations do I need to consider?**

Please discuss this with your Doctor or visit a Travel Clinic for advice on vaccinations.

**Where in Cambodia will we be staying as the Malaria medication depends on location?**

We will be staying in the Baray District, Kampong Thom Province and working in Prasat Village.

**What would you consider to be a typical day?**

For the group, it would be getting up around dawn, eating and getting out to the village by 8am if possible. There will be lunch around 11:30 and a break for resting during the heat of the day. Back to work until about 5-5:30. Usually people take a shower to cool down afterwards and then have supper, before debriefing with the team and resting for the evening.

**Are there any extra costs for me?**

Yes, if you want to do some sightseeing or shopping, or buy yourself some food but this is minimal.

**What do we need to do about travel insurance?**

Nothing - we will sort it for you for the duration of the project.

**What is the climate like at this time of year?**

The climate can generally be described as tropical. As the country is affected by monsoon, it is hot and humid, with an average temperature around 27°C. There are two distinct seasons: the Rainy Season and the Dry Season. However, the Dry Season is divided into two sub-seasons, cool and hot. These seasons are:

The Rainy Season - June until October 27-35.C The Dry Season (Cool) - November until February 17-27.C The Dry Season (Hot) - March until May 29-38.C

**What type of dress code will be suitable in the village?**

The locals are usually more conservative than we are in their dress. Shorts would be OK, but it is better if they are longer (knee-length or longer). T-shirts would be fine (although it will be hot - loose fitting cotton shirts might be more comfortable to wear).

**Passports**

Please note your passport must be valid for a minimum of 6 months after you return from your travel. If you are not travelling on a New Zealand Passport, please let me know and I will find out if the Visa process is any different.

### **What is the process for getting visas?**

Please email Urzalia an electronic passport photo and she will arrange your Visa's.

### **Will our iPhones work there?**

Yes, they will, however It is cheapest to purchase local SIM card over there rather than roaming.

### **Is the accommodation secure for belongings while you're at work?**

Yes - as secure as any hotel would be.

### **What is the currency and are you best to get cash here or there?**

Cambodian Riels is the local currency. You are best to take US dollars as all locals accept this currency - you will receive Riels as change. 1 US Dollar = 4,000.00 Cambodian Riels.

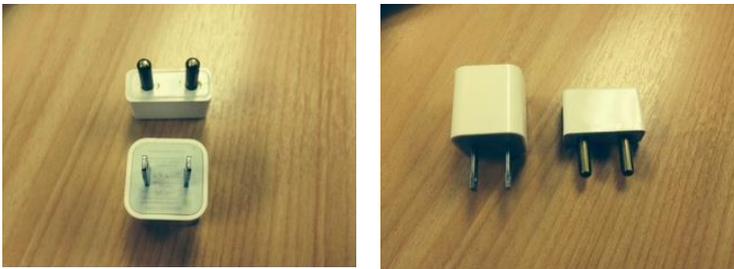
### **What supplies (if any) should we take from New Zealand e.g. snacks**

Muesli bars, dried fruit and nuts that are properly sealed and that don't melt in the heat and are still edible if they get crushed. Any processed food is ok. Previously people have taken tinned Tuna, breakfast cereals, breakfast spreads, coffee, tea, chocolate, lollies - it is up to you.

### **What type of medical supplies should the team take?**

Please take any personal medication. Gracegate will take a fairly extensive first aid kit too. Please bring your own Medical vaccination certificates

### **Do we need to take power adapters?**



Yes - please see images for the types of adapters used in Cambodia.

### **Is there anything in particular you recommend the team does in preparation for this experience?**

Yes. We will meet as a team a few times before we depart, once we have everyone finalized. We will also do some fundraising and team-building to prep for the trip.

### **Additional information/tips:**

- Leave jewelry in New Zealand - not only for safety purposes but also flash jewelry can create a distance barrier between yourselves and the local community.
- Some people say you should take 2 wallets and if possible 2 credit cards. Keep them in different places e.g. one on your person and the other stored away in your luggage (in case of pick pockets - you have a backup plan!)
- When paying anything by credit card, ensure you follow the card; do not let the card out of your sight. If they take it out the back for swiping - go with it! This will minimise the chance of credit card fraud.
- Please ensure you put padlocks on your bags and we will wrap them at the airport.
- A lot of people ask how much spending money they should take... NZ\$200 - NZ\$300 is plenty.