

# Church · on · the · Couch

## HOME ON THE ROCK

### Icebreaker

What is your favourite boardgame and why?

### Thinking Points

1. Have you ever done something for a long time and then discovered you had been doing it the wrong way all along? Share your experience.
2. How does your relationship with God change during certain or uncertain times?
3. What are some of the emotions we experience during uncertain times, that we might decide to build our house on?
4. "Fear knocked at the door. Faith answered. There was no one there."  
What are some practical things we can do to build our faith on the rock before the storms come?
5. Read Matthew 7:24 - 28.
6. Jesus concluded His teaching with the wise and unwise builders. It seems that the difference between them was that the wise builder applied what he heard, while the unwise builder did not. How can we practise wisdom and apply the teachings of Jesus during this lockdown period, so that we build our house on a solid foundation?

### Psalms 18:2

"The Lord is my rock, my fortress and my deliverer;  
my God is my rock, in whom I take refuge."

### Next Steps

- Take some time to go around your house and share praise and prayer requests with each other.
- Read through Matthew chapters 5 - 7 during this week.
- Who could you encourage this week? Go and encourage them.

