

Church · on · the · Couch

THE NEW NORMAL?

Thinking Points

1. Has there been anything fun or life-giving that you have done during this lockdown time? Maybe something out of your ordinary?
2. There has been a completely unprecedented disruption in so many areas of our lives. What has changed for you during lockdown? How has this impacted you? (Work, studies, friendships, hobbies, etc)
3. After sheltering at home for a month, what are you noticing that needs more attention in your life?
4. How has this season impacted your faith journey?
5. How has your faith journey impacted this season?
6. What are some of the things that are inspiring, strengthening or sustaining you through this time?
7. How can we as a church community love well, lift each other up and be relevant in our community - during this season and in the future?
8. Lastly, as we move together through this crisis, the question of what kind of world will emerge beyond the crisis is probably also starting to occupy your mind. What would you personally love to see happen, as we start to come out of lockdown into what some are calling "The New Normal"?

John 1:14 NIV

"The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth."

Next Steps

Take some time to speak to God or write about:

- Pushing the "reset" button in your faith journey
- God "revealing" more of Himself to you
- What areas in your world you'd like Jesus to come and "reinvent"

