

HUMAN

B(R)OUGHT TO LIFE

Everybody fears something. It doesn't matter who you are, where you've been, or where you're headed; every single person in this world struggles with fear. But how do we keep that fear from overpowering the truth of who God is? How do we hold onto His voice in the midst of chaos?

Thinking Points

1. Read 1 Kings 17:7-24 and 1 Kings 18:16-45. What kind of man was Elijah? What kind of relationship did he have with God?
2. In 1 Kings 19, immediately after these miracles, Elijah flees from Jezebel. What could Elijah have been thinking about as he ran? Where was his focus?
3. Even though Elijah had such an epic faith, his fear still drowned out God's promises. Can you think of a moment in your own life where fear overpowered your faith?
4. Read 1 Kings 19:11-12. Where did Elijah hear God's voice?

Next Steps

The LORD said, "Go out and stand on the mountain in the presence of the LORD, for the LORD is about to pass by." Then a great and powerful wind tore the mountains apart and shattered the rocks before the LORD, but the LORD was not in the wind. After the wind there was an earthquake, but the LORD was not in the earthquake. After the earthquake came a fire, but the LORD was not in the fire. And after the fire came a gentle whisper. When Elijah heard it, he pulled his cloak over his face and went out and stood at the mouth of the cave.

1 Kings 19:11-13

We would seem rational that God can only be heard in the 'big moments.' But in this passage, we learn that God's voice is audible within the quietest of whispers. He doesn't need any big flashy gestures to get Elijah's attention. He is so close to Elijah that a whisper is all it takes.

1. **Listen.** Schedule a few minutes this week to stop, take a breath and listen for that whisper.
2. **Don't do it alone.** We are created for community. Take a look at the people around you - is your community a healthy place to be?
3. **Move.** It is easier to stay in fear than to move out of it. Have a conversation with God. What are some ways that you can move out of fear and into a life of confidence?

God sees you no differently than He saw Elijah - an incredible person with the potential to do incredible things! God doesn't shy away from our humanity, or allow it to stop Him from pursuing relationship with us. Similarly, don't allow your humanity to stop you from pursuing relationship with God.

1 KINGS 18:36-37

““Lord, the God of Abraham, Isaac and Israel, let it be known today that you are God in Israel and that I am your servant and have done all these things at your command. Answer me, Lord, answer me, so these people will know that you, Lord, are God, and that you are turning their hearts back again.”