

Breathe

In the beginning the Spirit of God was hovering over the earth. The first thing we learn of the Holy Spirit is that He comes to breathe life into the emptiest of places and to create beauty from the void. That same Spirit has the potential to be living inside you too.

John 14:25-26

All this I have spoken while still with you. But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.

Thinking Points:

1. The Holy Spirit is the 'Life Giver,' the source. It's like plugging into a battery. Read John 16:7.
2. The Holy Spirit is a gift, given to us by Jesus before He left earth.
3. The Holy Spirit is the third person of the Trinity. What is your understanding of the Trinity? How does it work?
4. The Holy Spirit is a person. You can have a dynamic relationship with Him. Take a look at your own relationship with the Holy Spirit. Have you invited Him into your heart?
5. The Holy Spirit points us in the direction of Jesus. He is a Teacher, a Counsellor and a Guide. He has an ever-flowing excess of wisdom and instruction ready to be poured out upon us. It's within the gentle nudging, the quiet whisper and the careful conscience that He resides.

But very truly I tell you, it is for your good that I am going away. Unless I go away, the Advocate will not come to you; but if I go, I will send him to you.

John 16:7

Next Steps



1. Wes describes the Holy Spirit as a tap. Water is pouring from a faucet and we are thirsty, but the water cannot help us, unless we position ourselves under the faucet.
2. Take a look at the position of your heart today. Where are you in relation to the Holy Spirit? Do you want the Holy Spirit in your heart?
3. If so, there is action required from you. Pause. Slow down. Ask God to help you position yourself under that faucet and soften your heart, so the Holy Spirit is able to pour itself into your life.

The Holy Spirit is a gift, a Life-Giver, God on earth. All we have to do is to be willing and open, to surrender and give the idea of a relationship with God a go.

Give it a try - step into that spot and see what happens.

John 16: 13-15

¹³ But when He, the Spirit of truth, comes, He will guide you into all the truth. He will not speak on his own; He will speak only what He hears, and He will tell you what is yet to come. ¹⁴ He will glorify me because it is from me that He will receive what He will make known to you. ¹⁵ All that belongs to the Father is mine. That is why I said the Spirit will receive from me what he will make known to you."