

# WHOLE HEART

## A PRAYER OF DAVID

Psalms 86 NIV

- 1 Hear me, Lord, and answer me,  
for I am poor and needy.
- 2 Guard my life, for I am faithful to you;  
save your servant who trusts in you.  
You are my God;
- 3 Have mercy on me, Lord,  
for I call to you all day long.
- 4 Bring joy to your servant, Lord,  
for I put my trust in you.
- 5 You, Lord, are forgiving and good,  
abounding in love to all who call to you.
- 6 Hear my prayer, Lord;  
listen to my cry for mercy.
- 7 When I am in distress, I call to you,  
because you answer me.
- 8 Among the gods there is none like you,  
Lord; no deeds can compare with yours.
- 9 All the nations you have made  
will come and worship before you, Lord;  
they will bring glory to your name.
- 10 For you are great and do marvelous  
deeds; you alone are God.
- 11 Teach me your way, Lord,  
that I may rely on your faithfulness;  
give me an undivided heart,  
that I may fear your name.
- 12 I will praise you, Lord my God, with all  
my heart; I will glorify your name forever.
- 13 For great is your love toward me;  
you have delivered me from the depths,  
from the realm of the dead.

“A divided heart is one of the primary sources of exhaustion, burnout and spiritual alienation from God.”

TRIPP PRINCE

1.

On a scale of 1-10, how are you feeling?

1: Bleh, like the chicken  
10: Fantabulistic!

2.

What are the 2 most dominant emotions you're experiencing during this season?

3.

One of the incredible things about David's faith journey is that despite his performance, or what was going on in his world, he continuously spoke to God. He was real, raw, honest and vulnerable with God. What can we learn from his example?

4.

Why did David ask God to give him an undivided heart? What do you believe this means?

5.

Why is it essential to bring our whole hearts to God? What is the value in doing this?

6.

What are your thoughts around God doing his deepest work in our darkest hours? What are some practical ways we can invite God's presence of light into those seasons?

“God does his deepest work in our darkest hours...”

AW TOZER

