

DEADLY

[Lust]



VERSE REFERENCES

Matthew 5:27 - 28, 30

²⁷ "You have heard that it was said, 'You shall not commit adultery.' ²⁸ But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart... ³⁰ If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell.

James 5:16

"Confess your sins to each other and pray for each other so that you may be healed."

1 John 1:9

"If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness."

James 4:8

"Come near to God, and He will come near to you..."



1.

In what ways have you noticed that lust has turned sex into a commodity? How might this be affecting our culture?

2.

Do you agree with the idea that sex isn't just physical? Why or why not?

3.

When it comes to the deadly sin of lust, who do you think is more to blame? The enemy trying to steal, kill and destroy, or our own selfish desires?

4.

In what ways have you seen people feed their lust and lose everything, like Samson?

5.

"David was not where he was supposed to be." How can we make sure we don't end up in the same situation David found himself in?

6.

Joseph fled the scene where Potiphar's wife tried to entrap him. What does it look like in our culture, to flee the deadly scene of lust?

7.

Have you seen or personally experienced God coming close and healing the wound, brokenness or emptiness that lust leaves?

THINKING POINTS

1.

Find someone you trust and tell them about your struggle. There is no healing in hiding!

2.

Remove the triggers and create some boundaries.

3.

Get the necessary help.

4.

Let God heal the wound.

NEXT STEPS