

DEADLY

Sloth



1.

What's the first thing that comes to your mind when you think of the word 'sloth'?

2.

This deadly sin of Sloth can be defined as apathy, a lack of care. How have you experienced someone else's slothful living?

3.

What areas in your life do you believe are most covered in weeds because of your slothfulness?

4.

Have you ever experienced a deep sadness related to someone's inaction or neglect? What was your response to this?

5.

Luke 9:23-24 ²³"Then He said to them all: "Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me. ²⁴For whoever wants to save their life will lose it, but whoever loses their life for me will save it."

What are some practical ways that we can deny ourselves daily, in order to conquer sloth?

6.

St Thomas Aquinas said "Sloth is the failure to love God with all your heart, with all your soul and with all your substance." If our relationship can grow deeper and stronger with Jesus, do you believe our slothfulness and inaction will fade away? Why do you think so?

THINKING POINTS



Sloth is the failure to love God with all your heart, with all your soul, with all your substance.

ST. THOMAS AQUINAS



VERSE REFERENCES

- Luke 9:23-24
- Proverbs 6:6-11
- Proverbs 24:30-34
- Psalms 139:23-24

