

THE GAMES WE PLAY

CONTROL FREAK

WEEK 5

TASK: RELEASE CONTROL

Control usually grows where trust is missing.

The tighter you grip, the more you lose.

Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres.

1 CORINTHIANS 13:6-7 NIV

Claim Today's Truth

Often, we try to control our relationships out of fear.

Control and manipulation might provide a short-term win, but will damage the relationship long-term.

Think About It

You can't control everything. Ultimately, God is in control.

Living in the freedom of trusting God brings true peace. Surrender is strength.

Your Next Move

Release outcomes.
Love others with trust.
Pray instead of panic.
Trust in God.

